

Reflections on My Accomplishments This Year

Spend some time reflecting and writing about your accomplishments over the past year. Big or small, write about them all. You may want to refer to your calendar and to-do lists to help jog your memory.

When I reflect on the past year, the thing that brings me the most joy is _____

My List of Accomplishments (Turn the Page Over As Needed)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

When I look back over my list of accomplishments I _____

What I'll do to celebrate all that I've accomplished _____
